

Community Resources

National Suicide Prevention Lifeline

1-800-273-8255

24- hour confidential emotional support for people in suicidal crisis

Crisis Support Text line

Text HOME to 741741

24- hour confidential emotional support for people experiencing any type of crisis

Youth and Adolescent Mobile Crisis Team

518-292-5499

24- hour evaluation and support for individuals at immediate risk of suicide or homicidal crisis

Albany County Sexual Assault Hotline

518-447-7716

24- hour crisis support, advocacy, and counseling for individuals that have experienced sexual assault

NYS Child Abuse and Maltreatment Register

1-800-342-3720

Hotline to report suspected allegations of child abuse or maltreatment

Equinox Inc.

Domestic Violence Hotline 518-432-7865

518-435-9931 (Mental Health)

518-434-6135 (Domestic Violence)

518-407-0376 (Youth Services)

Provides a variety of services regarding mental illness, homelessness, domestic violence, and chemical dependency for youth and adults

Youth Shelters:

St. Anne Institute Runaway and Homeless Shelter

518-437-6547

Albany, NY

Emergency shelter for youth ages 13-17, who are homeless, runaway, or in an otherwise unsafe situation

Safe Inc. Safe House

518-374-5178

Schenectady, NY

Emergency shelter for youth ages 16-20, who are homeless, runaway, or in an otherwise unsafe situation

CAPTAIN Runaway & Homeless Youth Shelter

518-584-6042 or 1-800-924-4636
Saratoga, NY

Emergency shelter for youth ages
13-17, who are homeless, runaway, or
in an otherwise unsafe situation

HIV/STD Testing:

Albany County Department of Health

518-447-4589

Walk-ins: Tuesdays & Thursdays
8:30am- 10am

Rensselaer County Department of Health

518-270-2655 ext. 2500

Walk-ins: Wednesdays 2pm- 4:30pm

Schenectady County Hometown Health Center

518-370-1441

Walk-ins: Tuesdays 5pm- 7pm

Planned Parenthood

518-434-5678

Provides information and services
related to pregnancy and sexual health

Alpha Pregnancy Care Center

518-462-2188

Provides various services related to
pregnancy and preparation for parenting